



APPROVED
Lithuanian grappling federation
President Kestutis Smirnovas



APPROVED
International grappling federation
President Gintare Bubnytr-Smirnoviene



APPROVED
Sport club Fajteris
Director Arnoldas Lukosiusnas

BALTIC OPEN GRAPPLING GI/NOGI CHAMPIONSHIPS REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 20 April 2024 at 11:00 in Zeimiu g. 17, Jonava, Lithuania.

Arrival of participants, registration – weight – in 20 April between 9:00 and 10:00.

After the weighing time, the participants will not be weighed!

Athletes must present a valid identity document.

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competitions are individual, the number of participants is unlimited

20 April Discipline GI

Group	Participates	Weight categories
1	Girls U11, 2013 and youngers	23, 26, 29, 33, 37, 41, 47, 53, +53 kg
2	Girls U15, 2009-2012 m.	26,29, 33, 37, 41, 47, 53, 61, +61 kg
3.	Womens 2008 and older, beginners	47, 53, 61, 69,+69 kg
4.	Womens 2008 and older	47, 53, 61, 69,+69 kg
5	Boys U9, 2015 and youngers	22, 25, 28, 32, 36, 40, 44, 48, 52, 58,+58 kg
6	Boys U11, 2013-2014	25, 28, 32, 36, 40, 44, 48, 52, 58, 64,+64 kg
7.	Boys U13, 2011-2012	32, 36, 40, 44, 48, 52, 58, 64, 72, +72 kg
8.	Boys U15, 2009-2010	40, 44, 48, 52, 58, 64, 72, 80, +80 kg
9.	Boys U17, 2007-2008	52, 58, 64, 72, 80, 90, +90 kg
10.	Men 2006 and older, beginners	64, 72, 80, 90, +90 kg
11.	Men 2006 and older	64, 72, 80, 90, +90 kg
12.	Masters men 1989 and older, beginners	72, 80, 90, +90 kg
13.	Masters men 1989 and older	72, 80, 90, +90 kg
14.	For absolute winner of the belt (Men, Women)	Common

Note: if only one, two participant registers in a weight-category, they are moved one weight category up.

BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!

20 April Discipline NoGi

Group	Participates	Weight categories
1	Girls U11, 2013 and youngers	23, 26, 29, 33, 37, 41, 47, 53, +53 kg
2	Girls U15, 2009-2012 m.	26,29, 33, 37, 41, 47, 53, 61, +61 kg
3.	Womens 2008 and older, beginners	47, 53, 61, 69,+69 kg
4.	Womens 2008 and older	47, 53, 61, 69,+69 kg
5	Boys U9, 2015 and youngers	22, 25, 28, 32, 36, 40, 44, 48, 52, 58,+58 kg
6	Boys U11, 2013-2014	25, 28, 32, 36, 40, 44, 48, 52, 58, 64,+64 kg
7.	Boys U13, 2011-2012	32, 36, 40, 44, 48, 52, 58, 64, 72, +72 kg
8.	Boys U15, 2009-2010	40, 44, 48, 52, 58, 64, 72, 80, +80 kg
9.	Boys U17, 2007-2008	52, 58, 64, 72, 80, 90, +90 kg
10.	Mens 2006 and older, beginners	64, 72, 80, 90, +90 kg
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IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

Winners and prize-winners of individual competitions are awarded with medals of the appropriate degree. Absolute winners - belts

VII. CONDITIONS OF ACCEPTANCE

Participant fee for one discipline:

Very early registration **until April 7 - 20 euros,**

registration from April **8 to 14 - 30 euros.**

late registration from **April 15 to 18 - 40 euros.**

The fee is paid in the registration system (<https://smoothcomp.com>) by credit card or in the bank account of the Lithuanian Grappling Federation:

Lietuvos graplingo federacija

Bank: Luminor Bank AS

Bank account IBAN: LT264010051001970289

SWIFT: AGBLLT2X

(In the designation we write: Participant fee, discipline (Gi ; NoGi) participant's name and surname)

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.

Registration www.smoothcomp.com until 18 April 2024 at 24.00 h (Time of Lithuania)

Athletes who have not registered in advance and/or paid the participation fee will not be registered for the competition on the day of the competition.

If during the weigh-in the athlete exceeds the weight in which he registered for the competition, he will be promoted to a higher weight category only after paying an additional fee of 10 euros, otherwise a defeat will be counted!

The paid participation fee is non-refundable

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