



APPROVED  
Lithuanian grappling federation  
President Kestutis Smirnovas

## LITHUANIAN OPEN GRAPPLING GI/NOGI CUP CHAMPIONSHIPS TO CELEBRATE THE 10TH ANNIVERSARY OF THE LITHUANIAN GRAPPLING FEDERATION REGULATIONS

### I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

### II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 24 February 2024 at 11:00 in **Liepu al. 4, Panevezys, Lithuania.**

**Arrival of participants, registration – weight – in 24 February between 9:00 and 10:00.**

***After the weighing time, the participants will not be weighed!***

Athletes must present a valid identity document.

**The competition begins at 11.00.**

### III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competitions are individual and teams, the number of participants is unlimited

#### 24 February Discipline GI

Group	Participates	Weight categories
1	Girls U11, 2013 and youngers	23, 26, 29, 33, 37, 41, 47, 53, +53 kg
2	Girls U15, 2009-2012 m.	26,29, 33, 37, 41, 47, 53, 61, +61 kg
3.	Womens 2008 and older, beginners	47, 53, 61, 69,+69 kg
4.	Womens 2008 and older	47, 53, 61, 69,+69 kg
5	Boys U9, 2015 and youngers	22, 25, 28, 32, 36, 40, 44, 48, 52, 58,+58 kg
6	Boys U11, 2013-2014	25, 28, 32, 36, 40, 44, 48, 52, 58, 64,+64 kg
7.	Boys U13, 2011-2012	32, 36, 40, 44, 48, 52, 58, 64, 72, +72 kg
8.	Boys U15, 2009-2010	40, 44, 48, 52, 58, 64, 72, 80, +80 kg
9.	Boys U17, 2007-2008	52, 58, 64, 72, 80, 90, +90 kg
10.	Men 2006 and older, beginners	64, 72, 80, 90, +90 kg
11.	Men 2006 and older	64, 72, 80, 90, +90 kg
12.	Masters men 1989 and older, beginners	72, 80, 90, +90 kg
13.	Masters men 1989 and older	72, 80, 90, +90 kg

**Note:** if only one, two participant registers in a weight-category, they are moved one weight category up.

**BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!**

#### 24 February Discipline NoGi

Group	Participates	Weight categories
1	Girls U11, 2013 and youngers	23, 26, 29, 33, 37, 41, 47, 53, +53 kg
2	Girls U15, 2009-2012 m.	26,29, 33, 37, 41, 47, 53, 61, +61 kg
3.	Womens 2008 and older, beginners	47, 53, 61, 69,+69 kg
4.	Womens 2008 and older	47, 53, 61, 69,+69 kg
5	Boys U9, 2015 and youngers	22, 25, 28, 32, 36, 40, 44, 48, 52, 58,+58 kg
6	Boys U11, 2013-2014	25, 28, 32, 36, 40, 44, 48, 52, 58, 64,+64 kg
7.	Boys U13, 2011-2012	32, 36, 40, 44, 48, 52, 58, 64, 72, +72 kg
8.	Boys U15, 2009-2010	40, 44, 48, 52, 58, 64, 72, 80, +80 kg
9.	Boys U17, 2007-2008	52, 58, 64, 72, 80, 90, +90 kg
10.	Mens 2006 and older, beginners	64, 72, 80, 90, +90 kg
11.	Mens 2006 and older	64, 72, 80, 90, +90 kg
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**Note:** if only one, two participant registers in a weight-category, they are moved one weight category up

**BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!**

#### IV. HOLDING THE COMPETITION

The judge panel approved by LGF holds the competition.

#### V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

#### VI. AWARDS

Winners and prize-winners of individual competitions are awarded with medals of the appropriate degree.

Team winners are awarded in three age groups, Group I - girls; Group II - U9, U11, U13, U15 boys, Group III - U17, adult men and masters men, three clubs with the most points - cups.

**Points for the team are given by each participant (1 point) and athletes who took I-III places, the results of both disciplines are calculated together: (I p. - 7 points; II p. - 5 points; III p. - 3 points). *If one athlete remains in the weight category and/or the athlete does not have a single fight, his points as a prize winner are not included in the team's overall result.***

#### VII. CONDITIONS OF ACCEPTANCE

Participant fee for one discipline:

Very early registration until February 11 - 15 euros,

registration from February 12 to 18 - 20 euros.

late registration from February 19 to 22 - 25 euros.

**The fee is paid in the registration system ( <https://smoothcomp.com> ) by credit card or in the bank account of the Lithuanian Grappling Federation:**

**Lietuvos graplingo federacija**

**Bank: Luminor Bank AS**

**Bank account IBAN: LT264010051001970289**

**SWIFT: AGBLLT2X**

**(In the designation we write: Participant fee, discipline (Gi ; NoGi ) participant's name and surname)**

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

#### VII. REGISTRATION

**The number of participants is unlimited.**

Registration [www.smoothcomp.com](http://www.smoothcomp.com) until 22 February 2024 at 24.00 h (Time of Lithuania)

**Athletes who have not registered in advance and/or paid the participation fee will not be registered for the competition on the day of the competition.**

**If during the weigh-in the athlete exceeds the weight in which he registered for the competition, he will be promoted to a higher weight category only after paying an additional fee of 10 euros, otherwise a defeat will be counted!**

**The paid participation fee is non-refundable**

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