



APPROVED
International Grappling Federation
President Gintare Bubnyte-Smirnoviene

APPROVED
Marijampoles PRC
Director Grazvydas Juodisius

APPROVED
Lithuanian grappling federation
President Kestutis Smirnovas

LITHUANIA OPEN GRAPPLING GI and NOGI CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 2 December 2023 at 11:00 in **Kauno str. 117, Marijampole, Lithuania.**

Arrival of participants, registration – weight – in 2 December between 9:00 and 10:00.

Athletes must present a valid identity document.

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competitions are individual, the number of participants is unlimited

Discipline GI

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1.	Girls U13,2010 and younger	9.00-10.00	11.00	-26;-29;-33;-37;-41;-47;-53;-61; +61kg
2.	Women 2009 and older	9.00-10.00	11.00	-47;-53;-61;-69;+69 kg
3.	Women BEGINNERS 2009 and older	9.00-10.00	11.00	-47;-53;-61;-69;+69 kg
4.	Boys U9, 2014 and younger	9.00-10.00	11.00	-22;-25;-28;-32;- 36;- 40;-44;-48;-52;- 58;+58 kg
5.	Boys U11, 2012-2013	9.00-10.00	11.00	-25;-28;-32;- 36;- 40;-44;-48;-52;- 58; -64;+64 kg
6.	Boys U13, 2010-2011	9.00-10.00	11.00	-36;-40;-44;-48;-52;-58;-64;-72; +72 kg
7.	Boys U15, 2008-2009	9.00-10.00	11.00	-44;-48;-52;-58; -64;- 72;-80;+80 kg;
8.	U-17, Boys 2006-2007	9.00-10.00	11.00	-52;-58;-64;-72;-80;-90;+90 kg
9.	Adult (men) 2005 and older	9.00-10.00	11.00	-64;-72;-80;-90;+90 kg
10.	Adult (men) BEGINNERS 2005 and older	9.00-10.00	11.00	-64;-72;-80;-90;+90 kg
11.	Masters 1988 and older	9.00-10.00	11.00	-80; -90; +90 kg
12.	Masters 1988 and older BEGINNERS	9.00-10.00	11.00	-80; -90; +90 kg

Note: if only one, two participant registers in a weight-category, they are moved one weight category up.

BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!

Discipline NoGi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1.	Girls U13,2010 and younger	9.00-10.00	15.00	-26;-29;-33;-37;-41;-47;-53;-61; +61kg
2.	Women 2009 and older	9.00-10.00	15.00	-47;-53;-61;-69;+69 kg
3.	Women BEGINNERS 2009 and older	9.00-10.00	15.00	-47;-53;-61;-69;+69 kg
4.	Boys U9, 2014 and younger	9.00-10.00	15.00	-22;-25;-28;-32;- 36;- 40;-44;-48;-52;- 58;+58 kg
5.	Boys U11, 2012-2013	9.00-10.00	15.00	-25;-28;-32;- 36;- 40;-44;-48;-52;- 58; -64;+64 kg
6.	Boys U13, 2010-2011	9.00-10.00	15.00	-36;-40;-44;-48;-52;-58;-64;-72; +72 kg

7.	Boys U15, 2008-2009	9.00-10.00	15.00	-44;-48;-52;-58; -64;- 72;-80;+80 kg;
8.	U-17, Boys 2006-2007	9.00-10.00	15.00	-52;-58;-64;-72;-80;-90;+90 kg
9.	Adult (men) 2005 and older	9.00-10.00	15.00	-64;-72;-80;-90;+90 kg
10.	Adult (men) BEGINNERS 2005 and older	9.00-10.00	15.00	-64;-72;-80;-90;+90 kg
11.	Masters 1988 and older	9.00-10.00	15.00	-80; -90; +90 kg
12.	Masters 1988 and older BEGINNERS	9.00-10.00	15.00	-80; -90; +90 kg
13.	For absolute winner of the belt (Men, Women)	16.00-16.30	17.00	Common

Note: if only one, two participant registers in a weight-category, they are moved one weight category up
Only champions and prizewinners of weight categories can take part in the absolute title of the champion
BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!

IV. HOLDING THE COMPETITION

The judge panel approved by LGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners and the prize winners will be awarded with medals. Absolute winners - belts

VII. CONDITIONS OF ACCEPTANCE

The fee for participant's licence for one discipline: **20 Eur.**

Registration fee is paid in the bank account of the Lithuanian Grappling Federation:

Lietuvos graplingo federacija

Bank: Luminor Bank AS

Bank account IBAN: LT264010051001970289

SWIFT: AGBLLT2X

(In the designation we write: Participant fee, discipline (Gi ; NoGi) participant's name and surname)

The fee of entrant licence-registration card for the absolute championship belt for free

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.

Registration www.smoothcomp.com until 30 November 2023 at 21.00 h (Time of Lithuania)

Athletes who have not registered in advance and/or paid the participation fee will not be registered for the competition on the day of the competition.

If during the weigh-in the athlete exceeds the weight in which he registered for the competition, he will be promoted to a higher weight category only after paying an additional fee of 10 euros, otherwise a defeat will be counted!

The paid participation fee is non-refundable Information by e-mail: lietuvosgrapplingfederacija@gmail.com

Tel. No +370 681 76762 (Viber, WhatsApp), +370 64561005

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