



TVIRTINA
Lithuanian grappling federation
President Adrijus Kupstas

LITHUANIAN OPEN PUPIL CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 18 APRIL 2020 at 11:00 in **Kauno str. 108, Ukmerge**, Lithuania.
Ukmergė School of Technology and Business in the gym complex

Arrival of participants, registration – weight – in 18th april between 9:00 and 10:00.

The athletes must provide a participant's licence – registration card (a valid personal identification document is necessary).

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited

Discipline NoGI

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls U17, 2003 and younger	9.00-10.00	11.00	-26;-29;-33;-37;-41;-47;-53;-61;-69;+69 kg
3	Boys U9, 2011 and younger	9.00-10.00	11.00	-22;-25;-28;-32;-36;-40;-44;+44 kg
4	Boys U13, 2007 and younger	9.00-10.00	11.00	-28;-32;-36;-40;-44;-48;-52;-58;+58 kg
5	U-17, Boys 2003 and younger	9.00-10.00	11.00	-36;-40;-44;-48;-52;-58;-64;-72;-80;+80 kg
6	For absolute winner of the belt (Boys, Girls)	13.00-13.30	14.00	Common

Note: if only two participant registers in a weight-category, they are moved one weight category up.

Only champions and prizewinners of weight categories can take part in the absolute title of the champion.

Discipline Gi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls U17, 2003 and younger	9.00-10.00 13.00-13.30	15.00	-26;-29;-33;-37;-41;-47;-53;-61;-69;+69 kg
3	Boys U9, 2011 and younger	9.00-10.00 13.00-13.30	15.00	-22;-25;-28;-32;-36;-40;-44;+44 kg
4	Boys U13, 2007 and younger	9.00-10.00 13.00-13.30	15.00	-28;-32;-36;-40;-44;-48;-52;-58;+58 kg
5	U-17, Boys 2003 and younger	9.00-10.00 13.00-13.30	15.00	-36;-40;-44;-48;-52;-58;-64;-72;-80;+80 kg
6	For absolute winner of the belt (Boys, Girls)	16.00-16.30	17.00	Common

**Note: if only two participant registers in a weight-category, they are moved one weight category up.
Only champions and prizewinners of weight categories can take part in the absolute title of the champion.**

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners and the prize winners will be awarded with medals. Absolute winners - cups

VII. CONDITIONS OF ACCEPTANCE

The fee for participant's licence - **10 Eur.**

Athletes wishing to participate in both disciplines (GI and NoGi) - **15 eur**

The fee of entrant licence-registration card for the absolute championship cup, for free

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.

Registration www.grapplingfederation.com until 17 April 2020 at 20.00 h

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

Athletes who do not register in advance (without a registration card) pay € 20 on one day of the competition (Gi or NoGi). For both disciplines (GI and NoGi) - 30 eur

Participants' licences - registration cards of minors must be signed by their parents or guardians.

Information by e-mail: lietuvosgrapplingfederacija@gmail.com tel. No +370 64561005

Note: Registration fee is paid upon arrival at the competition or in the bank account of the:

Lietuvos graplingo federacija

Bank: Luminor Bank AS

Bank account IBAN: LT264010051001970289

SWIFT: AGBLLT2X