



TVIRTINA
Lithuanian grappling federation
President Adrijus Kupstas



TVIRTINA
International grappling federation
President Gintare Bubnyte – Smirnoviene



TVIRTINA
s/c Faiteris
Director Arnoldas Lukosiunas

BALTIC OPEN GRAPPLING CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 28 March 2020 at 11:00 in **Zeimiu str. 17, Jonava**, Lithuania.

Sport Arena of Jonava city www.jonavosarena.lt

Arrival of participants, registration – weight – in 28th March between 9:00 and 10:00.

The athletes must provide a participant's licence – registration card (a valid personal identification document is necessary).

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited

Discipline NoGI

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls U13,2007 and younger	9.00-10.00	11.00	-29;-33;-37;-41;-47; +47 kg
2	Women 2006 and older	9.00-10.00	11.00	-47;-53;-61;-69; +69 kg
3	Boys U11, 2009 and younger	9.00-10.00	11.00	25;-28;-32;-36;-40;-44;-48; +48 kg
4	Boys U13, 2007-2008 m.	9.00-10.00	11.00	-36;-40;-44;-48;-52;-58; +58 kg
5	Boys U15, 2005-2006 m.	9.00-10.00	11.00	-48;-52;-58;-64;-72; +72 kg
6	U-17, Boys 2003-2004	9.00-10.00	11.00	-52;-58;-64;-72;-80; +80 kg
7	Adult (men) 2002 and older	9.00-10.00	11.00	-64;-72;-80;-90;+90 kg
8	Masters 1985 end older	9.00-10.00	11.00	-80; +80 kg
9	For absolute winner of the belt (Men, Women)	13.00-13.30	14.00	Common

Note: if only two participant registers in a weight-category, they are moved one weight category up.

Only champions and prizewinners of weight categories can take part in the absolute title of the champion.

Discipline Gi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls U13,2007 and younger	9.00-10.00 13.00-13.30	15.00	-29;-33;-37;-41;-47; +47 kg
2	Women 2006 and older	9.00-10.00 13.00-13.30	15.00	-47;-53;-61;-69; +69 kg
3	Boys U11, 2009 and younger	9.00-10.00 13.00-13.30	15.00	25;-28;-32;-36;-40;-44;-48; +48 kg
4	Boys U13, 2007-2008 m.	9.00-10.00 13.00-13.30	15.00	-36;-40;-44;-48;-52;-58; +58 kg
5	Boys U15, 2005-2006 m.	9.00-10.00 13.00-13.30	15.00	-48;-52;-58;-64;-72; +72 kg
6	U-17, Boys 2003-2004	9.00-10.00 13.00-13.30	15.00	-52;-58;-64;-72;-80; +80 kg
8	Adult (men) 2002 and older	9.00-10.00 13.00-13.30	15.00	-64;-72;-80;-90;+90 kg
9	Masters 1985 and older	9.00-10.00 13.00-13.30	15.00	-80; +80 kg
10	For absolute winner of the belt (Men, Women)	16.00-16.30	17.00	Common

**Note: if only two participant registers in a weight-category, they are moved one weight category up.
Only champions and prizewinners of weight categories can take part in the absolute title of the champion.**

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners and the prize winners will be awarded with medals. Absolute winners - belts

VII. CONDITIONS OF ACCEPTANCE

The fee for participant's licence for: Girls, U11; U13; U15 - **20 Eur.**

Athletes (girls, U11; U13; U15) wishing to participate in both disciplines (GI and NoGi) - **30 eur**

The fee for participant's licence for: Women, U17; U19; adults and veterans - **30 Eur.**

Athletes (women, U17; U19; adults and veterans) wishing to participate in both disciplines (GI and NoGi) - **40 eur**

The fee of entrant licence-registration card for the absolute championship belt for free

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.

Registration www.grapplingfederation.com until 27 March 2020 at 20.00 h

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

Athletes who do not register in advance (without a registration card) pay € 40 on one day of the competition (Gi or NoGi). For both disciplines (GI and NoGi) - 70 eur

Participants' licences - registration cards of minors must be signed by their parents or guardians.

Information by e-mail: lietuvosgrapplingfederacija@gmail.com tel. No +370 64561005

Note: Registration fee is paid upon arrival at the competition or in the bank account of the International Grappling Federation:

International Grappling Federation

Bank: Luminor Bank AS

Bank account IBAN: LT464010051002235903

SWIFT: AGBLLT2X