

CONFIRM:  
Lithuanian grappling federation  
President Adrijus Kupstas

CONFIRM:  
Director of Panevezys  
Municipality Administration

CONFIRM:  
Panevezys R.Sargunas Sports Gymnasium  
Director

## PANEVEZYS OPEN GRAPPLING GI/NOGI CHAMPIONSHIP REGULATIONS

### I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes' skills.

### II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 18 May 2019 at 11:00 in Liepu al. 4, Panevezys, Lithuania.

Arrival of participants, registration – weight – in 18 May between 9:00 and 10:00.

The athletes must provide a participant's licence – registration card (a valid personal identification document is necessary).

**The competition begins at 11.00.**

### III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited

#### Discipline NoGi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls U13, 2006 and younger	9.00-10.00	11.00	-29; -35; -41;-49;+49 kg
2	Women 2005 and older	9.00-10.00	11.00	-49;-53;-57;-61;-65;-69;-74;+74 kg
3	Boys U11, 2008 and younger	9.00-10.00	11.00	-24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg
4	Boys U13, 2006-2007	9.00-10.00	11.00	-30;-33;- 36;-39;- 42;-45;-48;- 52; +52 kg
5	Boys U15, 2004-2005	9.00-10.00	11.00	-42;-45;-48;-52;-56;-60; -64;-68;- 72;+72 kg;
6	Boys U17, 2002-2003	9.00-10.00	11.00	-52;-56;-60;-64;-68; -72; -76;-80;-84; +84 kg;
7	Men U19, 2000-2001	9.00-10.00	11.00	-60;-64;-68;-72; -76;-80; -84;-90;+90 kg;
8	Adult (men) 1999 and older	9.00-10.00	11.00	-64;-68;-72;-76;-80; -84; -90; -100;+100 kg;
9	Masters 1984 and older	9.00-10.00	11.00	-76; -84;+84 kg;
10	For absolute winner of the belt Men, Women	13.30-13.45	14.00	Common

**Note: if only one participant registers in a weight-category, he / she is moved one weight category up. Only champions and prizewinners of weight categories can take part in the absolute title of the champion.**

#### Discipline Gi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls U13, 2006 and younger	9.00-10.00 13.00-14.00	15.00	-29; -35; -41;-49; +49 kg
2	Women 2005 and older	9.00-10.00 13.00-14.00	15.00	-49;-53;-57;-61;-65;-69;-74; +74 kg

3	Boys U11, 2008 and younger	9.00-10.00 13.00-14.00	15.00	-24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg
4	Boys U13, 2006-2007	9.00-10.00 13.00-14.00	15.00	-30;-33;- 36;-39;- 42;-45;-48; -52; +52 kg
5	Boys U15, 2004-2005	9.00-10.00 13.00-14.00	15.00	-42;-45;-48;-52;-56;-60; -64;-68;- 72;+72 kg;
6	U-17, Boys 2002-2003	9.00-10.00 13.00-14.00	15.00	-52;-56;-60;-64;-68; -72; -76;-80;-84; +84 kg;
7	U-19, Men 2000-2001	9.00-10.00 13.00-14.00	15.00	-60;-64;-68;-72; -76;-80; -84;-90;+90 kg;
8	Adult (men) 1999 and older	9.00-10.00 13.00-14.00	15.00	-64;-68;-72;-76;-80; -84; -90; -100;+100 kg;
9	Veterans 1984 and older	9.00-10.00 13.00-14.00	15.00	-76;-84;+84 kg;
10	For absolute winner of the belt Men, Women	17.00-17.30	18.00	Common

**Note: if only one participant registers in a weight-category, he / she is moved one weight category up. Only champions and prizewinners of weight categories can take part in the absolute title of the champion.**

#### IV. HOLDING THE COMPETITION

The judge panel approved by LGF holds the competition.

#### V. RULES

Competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

#### VI. AWARDS

The winners will be awarded with medals, the prize winners - medals . Absolute winners - Cups

#### VII. CONDITIONS OF ACCEPTANCE

The fee for participant's in one discipline licence 10,00 Eur.

The fee for participant's in two discipline licence 15,00 Eur

The fee of entrant licence-registration card for the absolute championship belt for free

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

#### VII. REGISTRATION

The number of participants is unlimited.Registration [www.grappling.lt](http://www.grappling.lt) until 17 May 2019 at 20.00 h

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

**Athletes who will not have registered or will not have a registration card on the day of the competition will be required to pay 20 euros.**

Participants' licences - registration cards of minors must be signed by their parents or guardians.

Information by e-mail: [lietuvosgrapplingfederacija@gmail.com](mailto:lietuvosgrapplingfederacija@gmail.com) , tel. No +370 64561005

**Note: Registration fee is paid upon arrival at the competition or in the bank account of the Lithuanian Grappling Federation:**

Lietuvos grapplingo federacija

Bankas: AB DnB Bankas

Banko sąskaita: LT264010051001970289

SWIFT: AGBLLT2X