



TVIRTINA  
Lithuanian grappling federation  
President Adrijus Kupstas



TVIRTINA  
International grappling federation  
President Gintare Bubnyte – Smirnoviene



TVIRTINA  
s/c Fajteris  
Director Arnoldas Lukosiuнас

## BALTIC OPEN GRAPPLING CHAMPIONSHIP REGULATIONS

### I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

### II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 23 March 2019 at 11:00 in **Zeimiu str. 17, Jonava**, Lithuania.

Sport Arena of Jonava city [www.jonavosarena.lt](http://www.jonavosarena.lt)

**Arrival of participants, registration – weight – in 23<sup>th</sup> March between 9:00 and 10:00.**

The athletes must provide a participant's licence – registration card (a valid personal identification document is necessary).

**The competition begins at 11.00.**

### III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

**Competition is personal, the number of participants is unlimited**

#### Discipline NoGI

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls 2007 and younger	9.00-10.00	11.00	-29; -35; -41; -49; +49 kg
2	Women 2006 and older	9.00-10.00	11.00	-49;-53;-57;-61;-65;-69;-74;+74 kg
3	Boys U11, 2008 and younger	9.00-10.00	11.00	-24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg
4	Boys U13, 2006-2007 m.	9.00-10.00	11.00	-30;-33;- 36;-39;- 42;-45;-48;- 52; +52 kg
5	Boys U15, 2004-2005 m.	9.00-10.00	11.00	-42;-45;-48;-52;-56;-60; -64;-68;- 72;+72 kg;
6	U-17, Boys 2002-2003	9.00-10.00	11.00	-52;-56;-60;-64;-68; -72; -76;-80;-84; +84 kg;
7	U-19, Men 2000-2001	9.00-10.00	11.00	-60;-64;-68;-72; -76;-80; -84;-90;+90 kg;
8	Adult (men) 1999 and older	9.00-10.00	11.00	-64;-68;-72;-76;-80; -84; -90; -100;+100 kg;
9	Veterans 1984 end older	9.00-10.00	11.00	-72;-76; -80;-84;-90;+90 kg;
10	For absolute winner of the belt (Men, Women)	13.00-13.30	14.00	Common

**Note: if only one participant registers in a weight-category, he / she is moved one weight category up.**

**Only champions and prizewinners of weight categories can take part in the absolute title of the champion.**

#### Discipline Gi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls 2007 and younger	9.00-10.00 13.00-13.30	15.00	-29; -35; -41; -49; +49 kg

2	Women 2006 and older	9.00-10.00 13.00-13.30	15.00	-49;-53;-57;-61;-65;-69;-74;+74 kg
3	Boys U11, 2008 and younger	9.00-10.00 13.00-13.30	15.00	-24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg
4	Boys U13, 2006-2007 m.	9.00-10.00 13.00-13.30	15.00	-30;-33;- 36;-39;- 42;-45;-48;- 52; +52 kg
5	Boys U15, 2004-2005 m.	9.00-10.00 13.00-13.30	15.00	-42;-45;-48;-52;-56;-60; -64;-68;- 72;+72 kg;
6	U-17, Boys 2002-2003	9.00-10.00 13.00-13.30	15.00	-52;-56;-60;-64;-68; -72; -76;-80;-84; +84 kg;
7	U-19, Men 2000-2001	9.00-10.00 13.00-13.30	15.00	-60;-64;-68;-72; -76;-80; -84;-90;+90 kg;
8	Adult (men) 1999 and older	9.00-10.00 13.00-13.30	15.00	-64;-68;-72;-76;-80; -84; -90; -100;+100 kg;
9	Veterans 1984 and older	9.00-10.00 13.00-13.30	15.00	-72;-76; -80;-84;-90;+90 kg;
10	For absolute winner of the belt (Men, Women)	16.00-16.30	17.00	Common

**Note: if only one participant registers in a weight-category, he / she is moved one weight category up. Only champions and prizewinners of weight categories can take part in the absolute title of the champion**

#### IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

#### V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

#### VI. AWARDS

The winners and the prize winners will be awarded with medals. Absolute winners - belts

#### VII. CONDITIONS OF ACCEPTANCE

**The fee for participant's licence for: Girls, U11; U13; U15 - 20 Eur.**

**Athletes (girls, U11; U13; U15) wishing to participate in both disciplines (GI and NoGi) - 30 eur**

**The fee for participant's licence for: Women, U17; U19; adults and veterans - 30 Eur.**

**Athletes (women, U17; U19; adults and veterans) wishing to participate in both disciplines (GI and NoGi) - 40 eur**

**The fee of entrant licence-registration card for the absolute championship belt for free**

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

#### VII. REGISTRATION

**The number of participants is unlimited.**Registration [www.grapplingfederation.com](http://www.grapplingfederation.com) until 22 March 2019 at 20.00 h

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

**Athletes who do not register in advance (without a registration card) pay € 40 on one day of the competition (Gi or NoGi). For both disciplines (GI and NoGi) - 70 eur**

**Participants' licences - registration cards of minors must be signed by their parents or guardians.**

Information by e-mail: [lietuvosgrapplingfederacija@gmail.com](mailto:lietuvosgrapplingfederacija@gmail.com) tel. No +370 64561005

**Note: Registration fee is paid upon arrival at the competition or in the bank account of the Lithuanian Grappling Federation:**

Lietuvos grapplingo federacija

Bankas: AB DnB Bankas

Banko sąskaita: LT264010051001970289

SWIFT: AGBLLT2X