



TVIRTINA
Lithuanian grappling federation
President Adrijus Kupstas



TVIRTINA
International grappling federation
President Gintare Bubnytė – Smirnoviene



TVIRTINA
s/c Fajteris
Director Arnoldas Lukosiuнас

OPEN GRAPPLING CHAMPIONSHIP OF THE BALTIC COUNTRIES REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes' skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 23 March 2019 at 11:00 in **Zeimiu str. 17, Jonava**, Lithuania.

Sport Arena of Jonava city www.jonavosarena.lt

Arrival of participants, registration – weight – in 23th March between 9:00 and 10:00.

The athletes must provide a participant's licence – registration card (a valid personal identification document is necessary).

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited

Discipline NoGI

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls 2007 m. ir jaunesnės	9.00-10.00	11.00	-29; -35; -41; +41 kg
2	Women 2006 m. ir vyresnės	9.00-10.00	11.00	-49;-53;-57;-61;-65;-69;-74;+74 kg
3	Boys U11, 2008 m. ir jaunesni	9.00-10.00	11.00	-24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg
4	Boys U13, 2006-2007 m.	9.00-10.00	11.00	-30;-33;- 36;-39;- 42;-45;-48;- 52; +52 kg
5	Boys U15, 2004-2005 m.	9.00-10.00	11.00	-42;-45;-48;-52;-56;-60; -64;-68;- 72;+72 kg;
6	U-17, Boys 2002-2003	9.00-10.00	11.00	-52;-56;-60;-64;-68; -72; -76;-80;-84; +84 kg;
7	U-19, Men 2000-2001	9.00-10.00	11.00	-60;-64;-68;-72; -76;-80; -84;-90;+90 kg;
8	Adult (men) 1999 m ir vyresni	9.00-10.00	11.00	-64;-68;-72;-76;-80; -84; -90; -100;+100 kg;
9	Veterans 1984 end older	9.00-10.00	11.00	-72;-76; -80;-84;-90;+90 kg;
10	For absolute winner of the belt (Men, Women)	13.00-13.30	14.00	Common

**Note: if only one participant registers in a weight-category, he / she is moved one weight category up.
Only champions and prizewinners of weight categories can take part in the absolute title of the champion.**

Discipline Gi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls 2007 m. ir jaunesnės	9.00-10.00	15.00	-29; -35; -41; +41 kg
2	Women 2006 m. ir vyresnės	9.00-10.00	15.00	-49;-53;-57;-61;-65;-69;-74;+74 kg
3	Boys U11, 2008 m. ir jaunesni	9.00-10.00	15.00	-24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg
4	Boys U13, 2006-2007 m.	9.00-10.00	15.00	-30;-33;- 36;-39;- 42;-45;-48;- 52; +52 kg
5	Boys U15, 2004-2005 m.	9.00-10.00	15.00	-42;-45;-48;-52;-56;-60; -64;-68;- 72;+72 kg;
6	U-17, Boys 2002-2003	9.00-10.00	15.00	-52;-56;-60;-64;-68; -72; -76;-80;-84; +84 kg;
7	U-19, Men 2000-2001	9.00-10.00	15.00	-60;-64;-68;-72; -76;-80; -84;-90;+90 kg;
8	Adult (men) 1999 m ir vyresni	9.00-10.00	15.00	-64;-68;-72;-76;-80; -84; -90; -100;+100 kg;
9	Veterans 1984 end older	9.00-10.00	15.00	-72;-76; -80;-84;-90;+90 kg;
10	For absolute winner of the belt (Men, Women)	16.00-16.30	17.00	Common

Note: if only one participant registers in a weight-category, he / she is moved one weight category up. Only champions and prizewinners of weight categories can take part in the absolute title of the champion

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners and the prize winners will be awarded with medals. Absolute winners - belts

VII. PRIĖMIMO SĄLYGOS

The fee for participant's licence for: Girls, U11; U13; U15 - 20 Eur.

The fee for participant's licence for: Women, U17; U19; adults and veterans - 30 Eur.

The fee of entrant licence-registration card for the absolute championship belt for free

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRACIJA

The number of participants is unlimited. Registration www.grapplingfederation.com until 22 March 2019 at 20.00 h

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

Athletes who will not have registered or will not have a registration card on the day of the competition will be required to pay 40 euros.

Participants' licences - registration cards of minors must be signed by their parents or guardians.

Information by e-mail: grapplingfederation@gmail.com, tel. No +370 64561005

Note: Registration fee is paid upon arrival at the competition or in the bank account of the Lithuanian Grappling Federation:

Bankas: AB DnB Bankas

Banko sąskaita: LT264010051001970289

SWIFT: AGBLLT2X