

LITHUANIAN OPEN GRAPPLING NO-GI CUP TOURNAMENT REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling. To improve athletes' skills.

II. PLACE AND TIME OF THE COMPETITION

Competition takes place at 11.00 on 10 February 2019, Vilnius, Lithuania.

Indoor track and field arena, Zemaities str. 6, Vilnius.

Arrival of participants, registration - weight-in starts at 9.00 and finishes at 10.00.

The athletes must provide a participant's licence-registration card (a valid personal identification document is necessary).

The tournament begins at 11.00

After weigh-ing, the participants will not be registered !

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal and in teams

Discipline NoGi

Group	Participants	Weigh-in and registration	Beginning of the competition	Weight divisions
1.	Girls 2007 and younger	9.00-10.00	11.00	-23; -29; -35;-41;+41kg
2.	Females 2006 and older	9.00-10.00	11.00	-49;-53;-57;-61;-65;-69;-74;-80;+80 kg
3.	U-11, Kids born in 2008 and younger.	9.00-10.00	11.00	-24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg
4.	U-13, Boys 2006-2007.	9.00-10.00	11.00	-30;-33;- 36;-39;- 42;-45;-48;-52; +52 kg
5.	U-15, Boys 2004-2005	9.00-10.00	11.00	-42;-45;-48;-52;-56;-60;-64;-68;- 72;+72 kg;
6.	U-17, Boys 2002-2003	9.00-10.00	11.00	-52;-56;-60;-64;-68;-72; -76;-80;-84; +84 kg;
7.	U-19, Boys 2000-2001	9.00-10.00	11.00	-60;-64;-68;-72; -76;-80;-84; -90; +90 kg;
8.	Adult (men) born in 1999 and older.	9.00-10.00	11.00	-64;-68;-72;-76;-80; -84;-90;-100; +100 kg;
9.	Veterans born in 1984 and older	9.00-10.00	11.00	-76; -84;+84 kg;

Note: if only one participant registers in a weight-category, he / she is moved one weight category up.

Discipline Gi

Group	Participants	Weigh-in and registration	Beginning of the competition	Weight divisions
1.	Girls 2007 and younger	9.00-10.00	15.00	-23; -29; -35;-41;+41kg
2.	Females 2006 and older	9.00-10.00	15.00	-49;-53;-57;-61;-65;-69;-74;-80;+80 kg
3.	U-11, Kids born in 2008 and younger.	9.00-10.00	15.00	-24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg
4.	U-13, Boys 2006-2007.	9.00-10.00	15.00	-30;-33;- 36;-39;- 42;-45;-48;-52; +52 kg
5.	U-15, Boys 2004-2005	9.00-10.00	15.00	-42;-45;-48;-52;-56;-60;-64;-68;- 72;+72 kg;
6.	U-17, Boys 2002-2003	9.00-10.00	15.00	-52;-56;-60;-64;-68;-72; -76;-80;-84; +84 kg;
7.	U-19, Boys 2000-2001	9.00-10.00	15.00	-60;-64;-68;-72; -76;-80;-84; -90; +90 kg;
8.	Adult (men) born in 1999 and older.	9.00-10.00	15.00	-64;-68;-72;-76;-80; -84;-90;-100; +100 kg;
9.	Veterans born in 1984 and older	9.00-10.00	15.00	-76; -84;+84 kg;

Note: if only one participant registers in a weight-category, he / she is moved one weight category up.

IV. HOLDING THE COMPETITION

The judge panel approved by LGF holds the competition;
Competitions senior referee Dainius Burokas, competition secretary Rolandas Lukoševičius.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>
The competition will be held in one-minus system. If the weight category contains less than 4 participants, then will be fought in wheel system. If the weight category contains only two athletes, fighting up to two victories.

VI. AWARDS

The personal winners will be awarded with medals. In three age groups, Group I - Girls and Girls; Group II - U11, U13, U15 and U17 boys, Group III - U19 guys, adult men and veterans men, three clubs having scored the most points-cups.
The three clubs have won the most points of the tournament will be awarded - cups. Points for the team are given by athletes who occupy I-III places:
(I place. - 7 points, II place. - 5 points, III place. - 3 points).

VII. ENTRANCE REQUIREMENTS

Travel expenses for athletes, coaches and referees shall be paid by the sending organization.
Sending organization and coach are responsible for competition participants' health and security.
We recommend having a health insurance for participants of the competition.
The fee for participant's licence - registration for members of LGF, for one discipline, Gi or NoGi, is 10 eur, for two discipline, Gi and NoGi – 15 eur
The fee of entrant licence-registration card for the guests and registered on the day of the competition for one discipline, Gi or NoGi, is 15 eur, for two discipline, Gi and NoGi, – 25 eur

The participants of the competition wishing to stay in the hotel can stay at „Zemaites“ Hotel. Accommodation price 1 person 18 euros with breakfast. Participants can order rooms by e-mail:
mail at sales@hotelzemaites.lt or call +370 5 2133193.

VII. REGISTRATION

The number of participants is unlimited. Registration www.grappling.lt until february 17.
All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.
Athletes who will not have registered or will not have a registration card on the day of the competition will be required to pay for one discipline, Gi or NoGi, 15 Eur., for two discipline, Gi and NoGi, – 25 eur
Participants' licences - registration cards of minors must be signed by their parents or guardians.
Information by e-mail: info@grappling.lt, ph. nr. +370 64561005; +37068502228