

OPEN GRAPPLING CHAMPIONSHIP OF THE BALTIC COUNTRIES REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes' skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 24 March 2018 at 12:00 in **Zeimiu str. 17, Jonava**, Lithuania.

Sport Arena of Jonava city www.jonavosarena.lt

Arrival of participants, registration – weight – in 24th March between 10:00 and 11:00.

The athletes must provide a participant's licence – registration card (a valid personal identification document is necessary).

The competition begins at 12.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited

Group	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1.	Females	10.00-11.00	12.00	-49; -53; -57; -61; -65; -69; -74; +74 kg
2	Females For absolute winner of the belt	10.00-11.00	17.00	Common
3	U-17, Boys born in 2001 and younger.	10.00-11.00	12.00	-52; -56; -60; -64; -68; -72; -76; -80; -84; +84 kg;
4	U-17, Boys born in 2001 and younger. For absolute winner of the belt	10.00-11.00	12.00	Common
5	U-19, Boys 1999-200	10.00-11.00	12.00	-60; -64; -68; -72; -76; -80; -84; -90; +90 kg;
6	U-19, Boys 1999-2000 For absolute winner of the belt	10.00-11.00	17.00	Common
7	Adult (men) born in 1998 and older.	10.00-11.00	15.00	-64; -68; -72; -76; -80; -84; -90; -100; +100kg;
8	Adult (men) born in 1998 and older. For absolute winner of the belt	10.00-11.00	15.00	Common
9	Veterans born in 1983 and older	10.00-11.00	15.00	-72; -76; -80; -84; -90; +90 kg;
10	Veterans born in 1983 and older For absolute winner of the belt	10.00-11.00	17.00	Common

Note: if only one participant registers in a weight-category, he / she is moved one weight category up.

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners will be awarded with cups, medals and the prize winners will be awarded with diplomas.

Absolute winners will be awarded with belts.

VII. ENTRANCE REQUIREMENTS

The fee for participant's licence - registration card is 20 EUR.

The fee of entrant licence-registration card for the absolute championship belt is 20 Euros.

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

Competition hotels is

VII. REGISTRATION

The number of participants is unlimited. Registration www.grapplingfederation.com until 23 March 2018.

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

Athletes who will not have registered or will not have a registration card on the day of the competition will be required to pay 30 euros.

Participants' licences - registration cards of minors must be signed by their parents or guardians.

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