

APPROVED:  
Lithuanian Grappling Federation  
director Adrijus Kupstas

APPROVED :  
Sport club of Utena „Impulsas“  
director Kastytis Stankevicius

**LITHUANIAN OPEN GRAPPLING CHAMPIONSHIP  
REGULATIONS  
25/11/2017**

**I. OBJECTIVE AND TASKS**

To promote grappling. To improve athletes' skills.

**II. PLACE AND TIME OF THE COMPETITION**

Competition takes place at 12.00 on 25 November 2017, MULTIFUNCTION SPORT CENTER of Utena, K.Donelaicio str. 38, Utena, Lithuania.

**25 November. Arrival of participants, registration - weight-in starts at 10.00 and finishes at 11.00.**

MULTIFUNCTION SPORT CENTER of Utena, K.Donelaicio str. 38, Utena, Lithuania.

The athletes must provide a participant's licence-registration card and passport (National personal Identity Card, which indicates nationality and date of birth).

**The tournament begins at 12.00 on the 25 November.**

**III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION**

Group	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1.	Females	10.00-10.30	12.00	-49;-53;-57;-61;-65;-69;-74;-80;+80kg
2	U10, boys 2007 m ir younger.	10.00-10.30	12.00	-24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg
3	U-12, boys 2005 – 2006 m	10.00-10.30	12.00	-30;-33;- 36;-39;- 42;-45;-48;-52;-56;-60;-64;+64 kg
4	U-14, kadet 2003 -2004 m	10.00-10.30	12.00	-42;-45;-48;-52;-56;-60;-64;-68;- 72;+72 kg;
5	U-16, young 2001- 2002 m	10.00-10.30	12.00	-52;-56;-60;-64;-68;-72; -76;-80;-84; +84 kg;
6	U-18 youth 1999-2000	10.00-11.00	15.00	-60;-64;-68;-72; -76;-80;-84; -90; +90 kg;
7	Senior (men) born in 1998 and older.	10.00-11.00	15.00	-64;-68;-72;-76;-80; -84;-90;-100; +100 kg;
9	Veterans born in 1982 and older	10.00-11.00	15.00	-72; -76; -80; -84; -90; +90 kg;

**Note: if only one participant registers in a weight-category, he / she is moved one weight category up.**

**IV. HOLDING THE COMPETITION**

The judge panel approved by LGF holds the competition;

**V. RULES**

LGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

**VI. AWARDS**

The winners and prize winners of the competition will be awarded with medals.

**VII. ENTRANCE REQUIREMENTS**

**The fee for participant's licence - registration card is 10 EUR.**

**The fee of entrant licence-registration card for the absolute championship belt is 10 Euros.**

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

**VII. REGISTRATION**

**The number of participants is unlimited.** Registration [www.grapplingfederation.com](http://www.grapplingfederation.com) until **24 November 2017.**

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

**Athletes who will not have registered or will not have a registration card on the day of the competition will be required to pay 15 euros.**

**Participants' licences - registration cards of minors must be signed by their parents or guardians.**

**Information by e-mail: [info@grappling.lt](mailto:info@grappling.lt), ph. nr. +37064561005**