

VILNIUS CITY OPEN GRAPPLING IGF CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes' skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 28 January 2017 at 12:00 in **Žirmūnų st. 1E, Vilnius, Lithuania. Vilnius Culture and Sports Palace.**

Arrival of participants, registration – weight - in between 10:00 and 11:00.

The athletes must provide a participant's licence – registration card (a valid personal identification document is necessary).

After weight - in time, the participants will not be registered !

The competition begins at 12.00.

III. PARTICIPANTS OF THE COMPETITION

Competition is personal

Group	Participants	Weigh-in and registration	Beginning of the competition	Weight divisions
1.	Females	10.00-11.00	12.00	Fights concluded by registered participants
2.	U – 10, Kids born in 2006 and younger	10.00-11.00	12.00	-24;-27;- 30;-33;- 36;-39;-42;-45; 48;+48 kg
3.	U-12, Boys 2004 -2005	10.00-11.00	12.00	-30;-33;-36;-39;-42;-45; -48; -52;+52 kg
4.	U-14, Boys 2002 - 2003	10.00-11.00	12.00	-42;-45;-48;-52;-56; -60; -64; -68; -72; +72 kg;
5.	U-16, Boys 2000 - 2001	10.00-11.00	12.00	-52;-56;-60;-64;-68; -72; -76; 80; 84; +84 kg;
6.	U-18, Boys 1998 – 1999	10.00-11.00	15.00	-60;-64;-68;-72; -76;-80; -84; -90; +90 kg;
7.	Adults beginner born 1997 and older	10.00-11.00	15.00	-68; -72; -76; -80;-84;+84 kg;
8.	Adults born in 1997 and older.	10.00-11.00	15.00	-64;-68;72;-76;-80; -84; -90;+90 kg;
9.	Veterans 35 years old and older born in 1981 and older	10.00-11.00	15.00	76; 84 +84 kg;
10	For the absolute winner's name.	10.00-11.00	17.00	Common

*Note: if only one participant registers in a weight-category, he / she is moved one weight category up.
Beginners – grapplers not more than 2 years athletes of any sport grappling !!!*

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

Senior competition judge Dainius Burokas, competition secretary Rolandas Lukoševičius.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The champions will be awarded with cups, medals and prizes, prizewinners will be awarded with medals.

VII. ENTRANCE REQUIREMENTS

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

LGF members entry fee 10 euros

Guests entry fee 15 euros

(Entry fee can be paid on arrival at the competition)

VIII. REGISTRATION

The number of participants is unlimited. Registration www.grappling.lt until 27 January.

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

Athletes who will not have registered or will not have a registration card on the day of the competition will have the opportunity to register on the competition day.

Information by e-mail: info@grappling.lt, tel. No +370 64561005

Competition will be held on four tatami: 5X5 m.